Administrative Unit: Criminal Justice Administration and Social Work Department

Course Prefix and Number: SOWK 320

Course Title: Social Work With Individuals

Digital Descriptions:

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<tr>
<th>STUDENT DESCRIPTION</th>
<th>PAY-HOUR DESCRIPTION</th>
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<td># Cr Hrs — # Lec Hrs — # Lab Hrs</td>
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<td>3 — 3 — 0</td>
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Catalog Description: Provides knowledge, values and skills needed to work with individuals within the framework of generalist practice. This course utilizes the ecological systems and strengths perspectives, with an emphasis on collaborative partnership for planned change. Offered Spring.

Prerequisites/Corequisites: SOWK 290, 300 and submission of application materials for acceptance into the social work program. SOWK 290 may be taken as a corequisite.

Text: Many suitable textbooks are available from various publishers and the following list is not comprehensive. Other textbooks may be judged by individual instructors to be more suitable:


CSWE Policy Statement: Social work practice is anchored in the purposes of the social work profession and focuses on strengths, capacities, and resources of client systems in relation to their broader environments. Students learn practice content that encompasses knowledge and skills to work with individuals, families, groups, organizations, and communities. This content includes engaging the clients in an appropriate working relationship, identifying issues, problems, needs, resources, and assets; collecting and assessing information; and planning for service delivery. It includes using communication skills, supervision, and consultation. Practice content also includes identifying, analyzing, and implementing empirically based interventions designed to achieve client goals; applying empirical knowledge and technological advances; evaluating program outcomes and practice effectiveness; developing, analyzing, advocating, and providing leadership for policies and services; and promoting social and economic justice.
Course Objectives: Upon completion of this course, students will be able to:

Knowledge Objectives:
1. Understand systems theory, and the ecological and strengths perspectives as applied to social work practice with individuals.
2. Understand the social work change process of relationship building, data gathering, assessment, planning, intervention, evaluation, and termination as applied to social work practice with individuals.
3. Understand the knowledge, values, and skills of generalist social work practice as they apply to practice with individuals.
4. Understand single-subject design as it is used to evaluate social work practice.

Skill Objectives:
1. Demonstrate knowledge of the impact of self in social work practice;
2. Demonstrate an awareness of personal values;
3. Demonstrate an ability to collaborate with individuals during all phases of work;
4. Demonstrate the ability to show warmth, empathy, genuineness, and positive regard for the dignity and worth of the individual;
5. Demonstrate an ability to identify issues of diversity;
6. Demonstrate an ability to assist clients in obtaining resources for the promotion, restoration, and maintenance and/or enhancement of their well being;
7. Demonstrate an ability for responsible handling of interpersonal and ethical conflicts.
8. Demonstrate an ability to focus on strengths, capacities, and resources of client systems in relation to their broader environments;
9. Apply critical thinking skills within the context of professional social work practice with individuals and demonstrate ability to evaluate their own practice effectiveness using single-subject design;
10. Demonstrate the ability to complete a basic social history, genogram, and ecomap;
11. Use supervision and consultation appropriate to social work practice.

Value Objectives:
1. Understand the value base of the profession and its ethical standards and principles as they apply to practice with individuals, with special emphasis on responsibility to clients (Standard 1);
2. Practice without discrimination and with respect, knowledge, and skills related to clients' age, class, color,
culture, disability, ethnicity, family structure, gender, marital status, national origin, race, religion, sex, and sexual orientation.

3. Demonstrate an ability to clarify conflicting values and ethical dilemmas.

Topical Outline:

- Overview of the course.
- Overview of the change process.
- Use of the ecological model and the strengths perspective.
- Use of empathy, respect and authenticity.
- Understanding of social work values, ethics, and obligations.
- Develop an awareness of self and it's impact on clients.
- Assertiveness as a skill in helping others.
- Family as a context for understanding self.
- The Eco-Map as a tool for understanding the individual in the environment.
- Legal obligations working with individuals.
- The code of ethics for the National Association of Social Workers (revised 1996).
- Confidentiality and social work.
- Duties to inform, report, and warn.
- Identifying ethical and legal implications.
- Resolving ethical and value dilemmas.
- Lowenberg and Dolgoff's Ethical Principles Screen.
- Ethical decision making.
- The use of supervision and professional resources (to include professional journals and research) as a means for service effectiveness.
- The skill of using voice, speech, and language effectively with individuals.
- Effective use of telephone skills in client contact and as a tool for linkage, advocacy, and brokering.
- Understanding and use of body language.
- Active listening.
- Preparing for an interview.
- Beginning and interview.
- Use of clarification.
- Reflective listening.
- Assessment of the individual.
- Preparing a social history.
- Contracting for change using collaboration.
- Record keeping.
- Evaluation of practice.
- Termination with clients.

Recommended maximum class size for this course: 15
NOTE: The intention of this master course syllabus is to provide a general outline of the contents of this course, as specified by the faculty of Columbia College, regardless of who teaches the course, when it is taught, or where it is taught. This generic outline is not intended to restrict the way any individual faculty member teaches the course. The master syllabus, therefore, should be general enough to allow for a diversity of individual approaches to teaching the course, while at the same time it provides guidance on what the course should cover.