Administrative Unit: History and Social Sciences

Course Prefix and Number: PSYC 310

Course Title: Crisis Intervention

Number of: Credit Hours: 3 Lecture Hours: 3 Laboratory Hours: 0

Catalog Description: Survey of the current crisis intervention literature and introduction to the theories, principles, concepts, and techniques of crisis intervention. Upon completion, students should be able to predict who may need crisis intervention services and demonstrate the provision of first order crisis intervention. Cross-listed as CJAD 310. Prerequisite: PSYC 101. Occasional offering.

Prerequisite(s)/Corequisite(s): PSYC 101.

Text(s): Most current editions of the following:


Course Objectives:

- To evaluate and apply theories, principles, concepts, and techniques of crisis intervention in social, therapeutic and business settings.
- To engage in and evaluate first order crisis intervention skills.
- To conduct and report in writing (APA format) research relevant to crisis intervention.

Measurable Learning Outcomes:

- Understand characteristics of effective crisis theory.
- Differentiate between crisis types.
- Explain different crisis intervention models.
- Demonstrate skills such as de-escalation and active and reflective listening.
- Develop plans for institutional response to crises including securing backup.
- Demonstrate ability to work effectively in a
team.

- Understand characteristics of effective crisis intervention workers
- Identify intervention methods used by legal workers, clergy, police, and healthcare workers.
- Identify strategies for developing characteristics that are effective.
- Identify personal and institutional factors that increase or decrease the development of burnout.
- Understand different applications of crisis intervention as they relate to individuals from different social groups.
- Develop a plan for personal growth and professional development that would help a person be a successful crisis intervention worker.

**Topical Outline (major areas of coverage):**

Students in this course are expected to develop a personal or professional development plan that would lead to success as a crisis intervention worker. Plan should be formatted in APA style. All students are expected to participate in course activities demonstrating skills related to communication in crisis interventions. Instructors should cover at least 10 of the following topics:

- Crisis theory
- Developmental crises
- Situational crises
- Crisis Intervention Models
- First-order interventions
- Practice interventions
- Interventions by clergy
- Interventions by attorneys or legal workers
- Interventions by police
- Interventions by health care workers
- Psychiatric interventions
- Life cycle crises - pregnancy, divorce, retirement
- Domestic violence and child abuse crises
- Sexual abuse and rape crises
- Interventions in rural communities
- Interventions with cultural minorities
- Burnout in crisis workers
- Natural disasters
- Terrorism and wartime crises

**Recommended maximum class size for this course:** 25

**Library Resources:** Online databases are available at [http://www.ccis.edu/offices/library/resources.asp](http://www.ccis.edu/offices/library/resources.asp). You may access them from off-campus using your eServices login and password when prompted.
NOTE: The intention of the master syllabus is to provide an outline of the contents of this course, as specified by the faculty of Columbia College, regardless of who teaches the course, when it is taught or where it is taught. Faculty members teaching this course for Columbia College are expected to facilitate learning pursuant to the course objectives and cover the subjects listed in the topical outline. However, instructors are also encouraged to cover additional topics of interest so long as those topics are relevant to the course’s subject. The master syllabus is, therefore, prescriptive in nature but also allows for a diversity of individual approaches to course material.

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