Administrative Unit: Education Department
Course Prefix and Number: PHED 350
Course Title: Advanced Care, Prevention, and Rehabilitation of Athletic Injuries and Illnesses.

DIGITAL DESCRIPTIONS

STUDENT DESCRIPTION:
# Cr Hrs - # Lec Hrs - # Lab Hrs
3 - 3 - 0
PAY-HOUR DESCRIPTION:
Total # = Lec Hrs + Lab Hrs
3 = 3 + 0 X 2/3

Catalog Description: In-depth study of athletic training techniques and rehabilitation of injuries and illnesses.
Prerequisites/Corequisites: PHED 150.
Text:
Course Objectives: To teach proper clinical assessment techniques in order to formulate a plan for proper first aid, emergency care and/or doctor referral. The ability to implement comprehensive rehabilitation and conditioning programs, and learn administrative duties involved in athletic training.
Topical Outline: 1- Evaluation of joints, 2- rehabilitation of injuries, 3- use of modalities, 4- illnesses and conditions, 5- psychology of the injured athlete, and 6- administration and record keeping.

Recommended maximum class size for this course: 15

Prepared by: Robert Burchard
Name Signature
Date: July 18, 1994

NOTE: The intention of this master course syllabus is to provide a general outline of the contents of this course, as specified by the faculty of Columbia College, regardless of who teaches the course, when it is taught, or where it is taught. This generic outline is not intended to restrict the way any individual faculty member teaches the course. The master syllabus, therefore, should be general enough to allow for a diversity of individual approaches to teaching the course, while at the same time it provides guidance on what the course should cover.