Administrative Unit: Education Department
Course Prefix and Number: PHED 150
Course Title: Basic Care and Prevention of Athletic Injuries

DIGITAL DESCRIPTIONS

STUDENT DESCRIPTION:
# Cr Hrs - # Lec Hrs - # Lab Hrs
2 - 2 - 0

PAY-HOUR DESCRIPTION:
Total # = Lec Hrs + Lab Hrs
2 = 2 + 0 X 2/3

Catalog Description: Introduction to fundamentals of care and prevention of athletic injuries and athletic training.

Prerequisites/Corequisites: None.


Course Objectives: To teach basic prevention, care and rehabilitation of athletic injuries.

Topical Outline: 1- Introduction, 2- basic anatomy and physiology, 3- terminology, and 4- prevention, care and rehabilitation of athletic injuries by anatomical organization.

Recommended maximum class size for this course: 20

Prepared by: Robert Burchard
Name Signature

Date: July 18, 1994

NOTE: The intention of this master course syllabus is to provide a general outline of the contents of this course, as specified by the faculty of Columbia College, regardless of who teaches the course, when it is taught, or where it is taught. This generic outline is not intended to restrict the way any individual faculty member teaches the course. The master syllabus, therefore, should be general enough to allow for a diversity of individual approaches to teaching the course, while at the same time it provides guidance on what the course should cover.