Administrative Unit: Education Department
Course Prefix and Number: PHED 140
Course Title: First Aid and Cardio-Pulmonary Resuscitation

DIGITAL DESCRIPTIONS

STUDENT DESCRIPTION: PAY-HOUR DESCRIPTION:
# Cr Hrs - # Lec Hrs - # Lab Hrs Total # = Lec Hrs + Lab Hrs
2 - 1 - 1 1.66 = 1 + 1 X 2/3 = .66

Catalog Description: American Red Cross certification: Basic first aid and Cardio-Pulmonary Resuscitation (CPR) procedures.

Prerequisites/Corequisites: None


Course Objectives: After completing this course, the student should be able to:
1. Recognize when an emergency has occurred.
2. Follow the emergency action steps, Check-Call-Care, for any emergency.
3. Provide care for injury or sudden illness until professional medical help arrives.
4. Identify the elements of a healthy lifestyle.

Topical Outline: 1. Introduction to the Emergency Medical Service
2. Assessment
3. Life-threatening Emergencies
4. Injuries
5. Medical Emergencies
6. Special Situations
7. Healthy Lifestyles

Recommended maximum class size for this course: 10

Prepared by: Jon Barfknecht
Name
Signature
Date: March 29, 1996

NOTE: The intention of this master course syllabus is to provide a general outline of the contents of this course, as specified by the faculty of Columbia College, regardless of who teaches the course, when it is taught, or where it is taught. This generic outline is not intended to restrict the way any individual faculty member teaches the course. The master syllabus, therefore, should be general enough to allow for a diversity of individual approaches to teaching the course, while at the same time it provides guidance on what the course should cover.