Administrative Unit: Criminal Justice Administration and Social Work
Department

Course Prefix and Number: HUMS 385

Course Title: Mental Health

Number of: Credit Hours: 3   Lecture Hours: 3   Laboratory Hours: 0

Catalog Description: This course provides a look at mental health problems from the practice arena. Students will learn theories of mental health, psychotropic medications, and the role of case manager with persons who have mental illness. Offered Fall.

Prerequisite(s)/Corequisite(s): PSYC 101.

Text(s): Textbooks listed are not necessarily the textbook(s) used in the course. Textbooks should have a practice component, as well as theory. Textbooks should include information about psychotropic medications and DSM.

Most current editions of the following:


Course Objectives:

- To examine the use of psychotropic medications.
- To examine the case manager’s role with persons with mental illness.
- To explain mental health diagnoses.
- To explore mental health intervention theory.
- To examine the family role.

Measurable Learning Outcomes:

- Explain clinical case management roles.
- Describe differential use of Psychotropic drugs.
- Describe various types of mental illness.
- Explain the categories of diagnosis, using DSM.
- Analyze the different needs of individuals with different diagnoses.
- Explain the family component of working with persons with mental illness.
Topical Outline (major areas of coverage):

Note: This class will emphasize writing in the APA format and students are expected to improve their research and writing skills.

- Clinical care management (models, roles)
- Models of intervention (developmental, psychosocial, medical)
- Cognitive-Behavior Theory
- Behavior Theory
- Symbolic interactionism
- DSM (Diagnostic and Statistical Manual of Mental Disorders)
- Psychotropic medications
- Working with persons with depression
- Working with persons with schizophrenia
- Working with persons with bipolar disorder
- Working with persons experiencing paranoia
- Working with persons with personality disorders
- Working with families of persons with mental illness
- Working with individuals with mental illness
- Working with groups
- Managed care
- Community support theory
- Social support theory

Recommended maximum class size for this course: ________ 35

Library Resources: Online databases are available at http://www.ccis.edu/offices/library/resources.asp. You may access them from off-campus using your eServices login and password when prompted.

Prepared by: Lia Willis

Name __________________________ Signature __________________________

Date: April 21, 2006

NOTE: The intention of the master syllabus is to provide an outline of the contents of this course, as specified by the faculty of Columbia College, regardless of who teaches the course, when it is taught or where it is taught. Faculty members teaching this course for Columbia College are expected to facilitate learning pursuant to the course objectives and cover the subjects listed in the topical outline. However, instructors are also encouraged to cover additional topics of interest so long as those topics are relevant to the course’s subject. The master syllabus is, therefore, prescriptive in nature but also allows for a diversity of individual approaches to course material.

Office of Academic Affairs
12/04