Administrative Unit: Criminal Justice Administration and Human Services Department

Course Prefix and Number: HUMS 250

Course Title: Working with Individuals

Number of: Credit Hours: 3 Lecture Hours: 3 Laboratory Hours: 0

Catalog Description: Theories and methods for working with individuals. Offered Fall and Spring.

Prerequisite(s)/Corequisite(s): None.

Text(s): Most recent editions of the following:


Textbooks listed are not necessarily the textbook used in the course. Textbook chosen should include theory and technique appropriate for baccalaureate level practice.

Course Objectives:

- To understand, explain and evaluate different theories for working with individuals.
- To analyze and explore methods for working with individuals.
- To demonstrate interviewing techniques.
- To conduct a single subject design.

Measurable Learning Outcomes:

- Differentiate between various treatment theories.
- Conduct a single subject design study.
- Use techniques for working with individuals.
- Understand single-subject design as it is used to evaluate practice.
- Collaborate with individuals during all phases of work.
- Show warmth, empathy, genuineness, and positive regard for the dignity and worth of the individual.
- Identify issues of diversity.
- Assist clients in obtaining resources for the promotion, restoration and maintenance and/or enhancement of their well being.

Topical Outline (major areas of coverage):

- Nonverbal communication
- Giving and receiving feedback
- Restating content
- Reflecting feelings
- Asking questions
Preparing for action
Advanced helping skills
Person-centered theory of helping
Behavioral theories of helping
Cognitive-Behavioral theories of helping
Psychodynamic theories of helping
Family systems theories of helping
Sociocultural theories of helping: Feminist theories
Sociocultural theories of helping: Multicultural theories
Crisis intervention and suicide prevention
Interviewing as research
Single subject design

Recommended maximum class size for this course: 25

Library Resources: Online databases are available at http://www.ccis.edu/offices/library/resources.asp. You may access them from off-campus using your eServices login and password when prompted.

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Name
Signature
Date: April 21, 2006

NOTE: The intention of the master syllabus is to provide an outline of the contents of this course, as specified by the faculty of Columbia College, regardless of who teaches the course, when it is taught or where it is taught. Faculty members teaching this course for Columbia College are expected to facilitate learning pursuant to the course objectives and cover the subjects listed in the topical outline. However, instructors are also encouraged to cover additional topics of interest so long as those topics are relevant to the course’s subject. The master syllabus is, therefore, prescriptive in nature but also allows for a diversity of individual approaches to course material.

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