Course Title: Human Health

Catalog Description: The study of health, safety, and nutrition and the decisions that are faced with throughout a lifetime. Consumer health, mental health, physical health, sex and reproduction, drugs, and death and dying are the major topics covered. Offered Spring semester.

Prerequisite(s)/Corequisite(s): None.

Text(s): Textbook(s) listed is/are not necessarily the textbook(s) used in the course. Most current editions of:


Course Objectives:

• To identify, describe and discuss the major health issues and decisions.
• To identify, describe and discuss the major safety issues.
• To identify, describe and discuss nutrition issues.
• To identify, describe and discuss the facets of wellness.

Measurable Learning Outcomes:

• Evaluate and analyze the major health issues.
• Evaluate and critique the major health decisions.
• Evaluate and analyze the major safety issues.
• Evaluate and critique the major safety issues.
• Evaluate and analyze nutrition issues.
• Evaluate and critique nutrition issues.
• Evaluate and analyze the facets of wellness.
• Evaluate and critique the facets of wellness.

Topical Outline (major areas of coverage):

• History foundations of education: periods, figures, contributions
• Philosophical foundations of education: major educational philosophies, representative philosophers, views of truth, beauty, values, ways of knowing
• Historical foundations of American public education: events, Constitutional law, critical legislation, and court cases
• Political organization, administration, and structure of American public education – local, state, and federal
• Financial support of education – sources, equity, alternatives
• Sociological foundations of education: the school as a social system, the issues of race, ethnicity, social class, gender
• Reform movements and the impact on the schools

Recommended maximum class size for this course: 30

Library Resources: Online databases are available at http://www.ccis.edu/offices/library/resources.asp. You may access them from off-campus using your eServices login and password when prompted.

Prepared by: James F. Kern, Ph.D.

Name __________________________________________ Signature ______________________________

Date: April 6, 2006 ________________________________

NOTE: The intention of the master syllabus is to provide an outline of the contents of this course, as specified by the faculty of Columbia College, regardless of who teaches the course, when it is taught or where it is taught. Faculty members teaching this course for Columbia College are expected to facilitate learning pursuant to the course objectives and cover the subjects listed in the topical outline. However, instructors are also encouraged to cover additional topics of interest so long as those topics are relevant to the course’s subject. The master syllabus is, therefore, prescriptive in nature but also allows for a diversity of individual approaches to course material.

Office of Academic Affairs
12/04